

Middle East Academy for Medicine of Ageing



**The 5th Middle East Congress of Age, Ageing & Alzheimer's
Updates on Geriatric Syndromes & Giants**

April 13-14

&

Advanced Postgraduate Course No. VI

Session 1 –April 12-13

Principle of Geriatric Medicine

Location-Beit Al Fan

Tripoli

Lebanon

Organised by

The Health Ministers' Council for the Cooperation Council States

International Association of Geriatrics and Gerontology-IAGG

Middle East Association on Age, Ageing & Alzheimer's-MEAAA

Saudi Geriatric Association

Tunisian Geriatric Association

Abyad Medical Center

Middle East Academy for Medicine of Ageing-MEAMA

Welfare Association for the Assistance of the Elderly-Lebanon

Middle-East Network on Aging Research-MENAR

Middle East Network on Elderly Care Services – MENECS

Multi Media Medical University-Australia

Middle East Health Network

Middle-East Longevity Institute

Accredited by

International Association of Geriatrics and Gerontology-IAGG

Multimedia University MMU-Australia

This session will receive 40 Category 1 points - the highest category

CME/CPD credit based on reciprocal accreditation with (the QA&CPD program

of) the Royal Australian College of General Practitioners (RACGP) and the Australian College of Rural & Remote Medicine (ACRRM).

Supported by

Lebanese Order of Physicians-North Lebanon
Azm & Saade Association Lebanon
Medi+World International-Australia <http://www.mediworld.com.au>
Middle East Association on Age & Alzheimer's <http://www.me-jaa.com/meaaa.htm>
Middle-East Network on Aging <http://www.me-jaa.com/menar-index.htm>
Middle-East Network on Elderly Care Services <http://www.me-jaa.com/menar-index.htm>
Middle-East Journal of Pyschiatry & Alzheimer's <http://www.me-jpa.com>
Middle-East Journal of Family Medicine <http://www.mejfm.com>
Middle-East Journal of Age & Aging <http://www.me-jaa.com>
Middle-East Journal of Nursing <http://www.me-jn.com>
Middle East Journal of Internal Medicine <http://www.me-jim.com>

LET'S PREPARE TOGETHER THE FIFTH MIDDLE EAST CONGRESS ON AGE AGEING & ALZHEIMER'S THAT WILL TAKE PLACE IN TRIPOLI-LEBANON

INTRODUCTION

The 5th Middle East Congress of Age, Ageing, and Alzheimer's will bring together a network of key players, renowned scientists and professionals representing all the following fields of gerontology and geriatrics: Research and education, social services, nursing or care homes, relevant public and administrative authorities as well as any other discipline dealing with the elderly or their quality of life.

The conference being held Under the High Patronage of His Excellency -----

Major changes continue to occur in Geriatric Care in the Region. There are increasing external and internal pressures to improve the quality of patient care, providing better services for the elderly, and to emphasize health policies and regulation that protect the elderly in the region. Hence the conference on "Meeting Challenges in Mental Health in the Elderly" will involve public organizations and NGOs cooperating to share information, skill and experience in a gradually increasing manner, and taking the lead in great social developments with the resulting synergy, reveals itself as a phenomenon worth appreciation. Moreover, the developments gain speed with the financing provided by the business world, which is aware and conscientious of its social responsibilities.

The main objectives of the event are:

- To bring the global phenomenon of aging to the attention of the regional countries;
- To help in developing a national mental health policy;
- To help in developing the concepts of geriatric care and services;
- To analyzing in cultural terms the phenomenon of mental health in the elderly;
- To look at current training institutions and specialized personnel trainings;
- To present the major scientific advances' in gerontology and the latest findings in the field of ageing
- To examine the impact of demographic trends;
- To present the progress of care management in Dementia;
- To facilitate the dialogue between academics and practitioners on the one hand, with the decision makers and those responsible for allocating resources on the other hand.

You can be a part of this major event as one of its financial supporters. This FIFTH Middle East Congress on Age Ageing & Alzheimer's offers companies optimal exposure and a unique opportunity for promotion.

MIDDLE EAST ASSOCIATION ON AGEING & ALZHEIMER'S (MEAAA) HISTORY

Middle Eastern countries have certain cultural, social and economic characteristics in common with similar aspiration. The percentage of elderly in the Middle East is expected to increase with improvement of the health care delivery in the area. The region, like other developing countries, needs to define the policies and programs that will reduce the burden of aging populations on the society and its economy. There is a need to ensure the availability of health and social services for older persons and promote their continuing participation in a socially and economically productive life.

In attempt to answer some of the deficit in the region, the MEAAA was established on 2005 in order to support various activities in the field of aging and Alzheimer's disease

The purposes of The MEAA shall be to advance the scientific and scholarly study of aging and to promote human welfare by the encouragement of gerontology and geriatrics in all its areas. Therefore, the Society's objectives shall be:

- to promote the scientific study of aging in both the biomedical and behavioral/social sciences; by direct members and member organizations, and to promote cooperation among these organizations to support the Middle-East journal of Age & Aging
- to promote research and knowledge about Alzheimer's disease and to raise public awareness about the disease
- to stimulate communications among scholarly disciplines, and among professionals including researchers, teachers, administrators, and others;
- to expand education in aging; and to develop the qualifications of gerontologists by setting high standards of professional ethics, conduct, education, and achievement. To promote training of highly qualified personnel in the fields of aging.
- to foster application of research to the field of practice; and to advance the utilization of research in the development of public policy; and to disseminate research findings by means of its publications;
- to promote the interests of the gerontological organizations and individual members in all questions pertaining to foreign or international matters.
- to promote and assist in the arrangements for holding the Middle-Eastern Congress of Gerontology at intervals determined by the Council.

**The association has been registered in Switzerland and the secretariat office is at Abyad Medical Center -Tripoli , Lebanon.
The web site is hosted in Australia**

<http://www.me-jaa.com/meaaa.htm>

MIDDLE EAST ACADEMY FOR MEDICINE OF AGEING

The Middle East Academy for Medicine of Ageing was founded in 2002 to stimulate the development of health care services for older people in the region. It was established by a number of professors and teachers from the Middle East and Europe. The Model of MEAMA was taken from the European Academy for Medicine of Ageing. The first course took place between 2003 and 2005. The course has been built up with 4 sessions, on each of 4 days, which cover important topics of health-related problems in older people. The first two courses took place between 2003-2005, 2008-2010, and the third and fourth course between 2010-2012, and 2012-2014. Currently the fifth advanced postgraduate course 2014-2017 is on-going. The highly successful format of intensive student participation in working groups, giving short presentations and leading discussions, as well as state-of-the-art lectures by experts in the field, will be followed again.

Abyad Medical Center and Middle East Longevity Institute were instrumental in organizing the first course of the MEAMA. Over the previous years, several reputable official governmental, regional and international organisations helped in the development of the academy including The Health Ministers' Council for the Cooperation Council States, Ministry of Health in Bahrain, The European Academy for Medicine of Ageing, The European Union of Geriatric Medicine Society, the Geriatric Medicine Section of the European Union of Medical Specialists, the International Association of Gerontology and Geriatrics, medi+WORLD International, Multimedia Medical University, Al Jinan University, Azm & Saade Association, Hamad Medical Corporation, National Guard National Guard Health Affairs -King Saud Bin Abdulaziz University for Health Sciences and others

Aims of the Middle-East Academy for Medicine of Ageing:

- To improve knowledge and skills of professionals, physicians, nurses and health care officers, in health related problems in older people, starting with a special interest in community care in the Middle-East region.
- To harmonise the attitudes and goals of future opinion leaders in approaching the health related problems of older people in the Middle-East region.
- To establish a network among physicians, nurses and health care officers, responsible for the health care of older people and those responsible for medical and nurse students' instruction, as well as general physicians caring for aged people.
- To stimulate scientific interest in the health related problems in older people.

MIDDLE EAST CONGRESS ON AGEING HISTORY

The First Middle East Congress on Ageing took place in Istanbul Turkey between March 15-19, 2006. Under the auspices of the **Turkish Prime Minister Recep Tayyip Erdogan**. The congress was organized with full support of the Turkish Government and full collaboration of the Middle East Association of Aging and Alzheimer's. MEAAA was one of the main organizer that helped in establishing a strong Scientific committee from the Middle East.

The First Middle East Aging Congress inspired from the recommendations stressing the need to develop "Regional Action Plans for Aging" arising as the outcome of the UN 2nd World Congress on Aging, the European Federation of the Elderly Migrants (ERFEM) took the first steps and started working to address the subject matter of the "International Middle East Congress on Aging" within a broad framework and with a multidisciplinary approach. As a result of the talks held with officials in Turkey and in various European Countries, and due to the general tendency that Turkey would be a more suitable place for such a Congress, the congress organization efforts are now being carried out at a broader dimension with the cooperation of ERFEM, the Turkish Geriatrics Foundation (TÜGEV), Social Services and Child Protection Agency (SHÇEK), the Greater Municipality of Istanbul (IBB), and the Middle East Association on Aging and Alzheimer MEAAA.

The Second Middle East Congress on Age and Ageing-MECAAA- took place in Tripoli ,Lebanon between 6 to 8 November 2009: Challenges in Geriatric Care held under patronage of the **President of the Republic of Lebanon, General Michel Sleiman**, and with participation of the Middle East Association on Age, Aging & Alzheimer (MEAAA), the Health Ministers' Council for Cooperation Council States, Middle East Academy for Medicine of Ageing (MEAMA), Al-Jinan University – Lebanon, Azm & Saade Association, Safadi Foundation, Lebanese order of physicians Tripoli-Lebanon, Social Services Association, Middle East Network on Aging research (MENAR), Abyad Medical Center, Multimedia Medical University – Australia, Middle East Longevity Institute and Welfare Association for the Assistance of the Elderly – Lebanon. The conference hosted 40 regional and international speakers and Tripoli Declaration was issued after the conference.

The Third Middle East Congress on Age, Ageing and Alzheimer's: Meeting Challenges of Mental Illness in Elderly was held in Riyadh Between 11-14 March 2012. The conference was under the Patronage of National Guard Health Affairs, King Saud Bin Abdulaziz University for Health Sciences : the Postgraduate center in Riyadh and Middle East Academy for Medicine of Aging. The Fourth Middle East Congress on Age and Ageing: Meeting the Challenge of Multi –morbidity took place Jeddah Dec 6-8, 2016. Under the patronage of his Excellence, **the Chief Executive office, MNGHA, Presidnet, King Saud Bin Abdulaziz University for Health Science: Dr Bandar Al Knawy**.

FIFTH MIDDLE EAST CONGRESS ON AGE AND AGING APRIL 13-14

Will cover the Major geriatrics, giants, syndrome and metabolic disorders including:

Dementia & Alzheimer's
Immobility, Instability, Incontinence, Iatrogenesis
Mental Health including depression
Hypertension, Heart Failure
Nutrition, Frailty, Sarcopenia
Osteoporosis
New Geriatric Syndromes-Osteo-sarcopenia
Metabolic disorder: Dyslipidemia, Diabetes
COPD

MEAMA FIRST SESSION WORKSHOP APRIL 12-13 OF THE SIX POSTGRADUATE COURSE

Will cover the Principles of Geriatric Medicine including:

Epidemiology: a greying world in better health
Ageing: a lifelong process
Functional impact of ageing and diseases
Promotion of healthy ageing
Gerontopharmacology
Comprehensive geriatric assessment (CGA)
Research
Quality Management

MECAAA ORGANIZERS

Local

Lebanese Order of Physician –North Lebanon
AZM & SAADE Association
Abyad Medical Center
Welfare Association for the Assistance of the Elderly

Regional

The Health Ministers' Council for the Cooperation Council States
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Middle-East Network on Aging Research-MENAR
Middle East Network on Elderly Care Services – MENECS
Multi Media Medical University-Australia
Middle-East Longevity Institute

International

International Association of Geriatrics and Gerontology-IAGG
Medi+WORLD International-Australia
Multi Media Medical University-Australia

MECAAA COLLOBORATORS

Middle-East Journal of Family Medicine
Middle-East Primary Care Research Network
Middle-East Journal of Age & Aging
Middle East Network on Aging Research
Middle-East Journal of Pyschiatry and Alzheimer's
Middle-East Journal of Nursing
Middle East Journal of Internal Medicine

WHO SHOULD EXHIBIT/SPONSOR?

- Healthcare products & service companies
- Pharmaceutical companies
- Medical supply & service companies
- Retirement communities
- Assisted and supportive living facilities
- Government agencies
- Vision and hearing advancement services
- Fitness equipment and services
- Personal care products companies
- Educational institutions
- Leisure and recreational services
- Voluntary and professional organizations
- Medical, diagnostic, imaging and assistive device companies
- Banks and insurance companies



Sept, 1st
2017

WHO WILL ATTEND ?

- Physicians
- Psychologists
- Nurses
- Social workers
- Physiotherapist
- Nutritionist, and all interested in elderly care
- Others