



## **Middle East Academy for Medicine of Ageing & National Guard Health Affairs**

King Saud Bin Abdulaziz University for Health Sciences & the Postgraduate Training Center,  
Riyadh



### **Advanced Postgraduate Course No. V 2014/2017**

**Master Class in Geriatric  
Session 5.3 Dec 7-8, 2016**

### **Optimizing the Care Trajectories of Old Patients**

#### **Location**

Jeddah –Saudi Arabia

### **2016, December 6-8, Jeddah (Saudi Arabia)**

#### **Organised by**

King Saud Bin Abdulaziz University for Health Sciences

Health Ministers Council for Cooperation Council

Abyad Medical Center, Lebanon <http://www.amclb.com>

Middle East Longevity Institute, Lebanon <http://www.amclb.com>

[Welfare Association for the Assistance of the Elderly-Lebanon](http://www.amclb.com)

#### **Accredited by**

**International Association of Geriatrics and Gerontology**

**Multimedia University MMU-Australia**

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**A course with 4 sessions, each of 4 days, 2014/2016**

<u>Session IV 1</u>	: Oct 18-20, 2014	<b>Principles of Geriatric Medicine</b>
<u>Session IV 2</u>	: March 21-23, 2015	<b>Geriatric Giants updates</b>
<u>Session IV 3</u>	: Dec 6-8, 2016	<b>Optimizing the care trajectories of old patients</b>
<u>Session IV 4</u>	: 2017	<b>Management of mood and cognitive disorders</b>

***Graduation***

***At the end of the course of 4 sessions participants will receive a certificate and will be graduated as 'members of the MEAMA' A network to stimulate the development and maintenance of services for health related problems in elderly people in the Middle- East Area***

**Information and subscription**

Secretariat MEAMA  
Abyad Medical Center Azmi Street,  
Abdo Center PO-Box 618, Tripoli, Lebanon  
Tel & fax: 961 6443 684/5/6  
E-Mail : aabyad@cyberia.net.lb, amc\_lb@yahoo.com  
<http://www.meama.com>



**Advanced Postgraduate Course No. V**  
**Session 5.3 –Dec 6-8-Health Care Services**

<b>Day 2 –Dec 7th</b>	<b><i>Morning Session : Health care trajectory of older patients-Hospital Care</i></b>	
<b>Chairperson</b>	<b><i>Dr. Hashim Bulbaid - Saudi Arabia</i></b>	
<b>Expert</b>	<b><i>Prof. Jean Pierre Michel - CH</i></b>	
8.00-08.15	<b>Introduction to the course, faculty and participants</b> <i>Prof. A. Abyad, LB</i>	
08.15-08.30	<b>Pretest</b>	
8.30-09.00	<b>Teachers' state of the art lecture</b> Models of health care services for older adults. <i>Prof. A.Abyad-Lebanon</i> <b>Discussion</b>	
<b>Workshop 1 : Geriatric Challenges</b>		
<b>Participants group discussions (PGD)</b>		
	<b>Group 1, 2 and 3</b> List the main geriatric care challenges they have to cope with in own country	
09.00-09.45	<b>Report of the three group</b> Comments and Take Home Messages	Prof. J P Michel - CH Dr M Ramadan-Qatar
09.45-10.15	<b>Teachers' state of the art lecture</b> Setting up an acute geriatric ward: why, how, and with which care team? <i>Prof. Sonia Hammami-Tunisia</i> <b>Discussion</b>	
<b><i>Physical Exercise &amp; coffee Break</i></b>		
<b>Workshop 2 : Challenges of Setting Services</b>		
11.00-11 :45	<b>Group 1, 2, 3</b> 1-Challenges of Setting up a rehabilitation ward: for which kind of pathologies? With which team? 2- Challenges of Setting up a dementia care unit: for which kind of patients? With which team? 3-Challenge of Setting up Intermmediate Care	
11 :45-12 :30	<b>Report of the three groups</b> Comments of the perceived challenges and Take Home Messages	Pr M. Vandewoude-Belgium Dr. H Alothman-Kuwait
12.30-01 :00	<b>Teachers' state of the art lecture</b> "New WHO concept of Long Term Care" <i>Prof. Giovanni Gambassi – Italy</i> <b>Discussion</b>	
<b><i>Physical Exercise &amp; Lunch Break</i></b>		

<b>Day 2</b>		<i>Afternoon: Community Care for the Elderly</i>	
<b>Chairperson</b>		<i>Dr A. Abyad-Lebanon</i>	
<b>Expert</b>		<i>Prof. Giovanni Gambassi – Italy</i>	
14.00-14.25	<b>Clinical Case</b> Demented patient at home <i>Dr Marwan Ramadan-Qatar</i> <b>Discussion</b>		
14.25-14.50	<b>Teachers’ state of the art lecture:</b> Nutritional Support in Dementia <i>Prof Maurits Vandewoude-Belgium</i> <b>Discussion</b>		
<b>Workshop 3 : Geriatric Challenges</b>			
14.50-15.35	<b>Group 1, 2,3</b> Challenges involved in setting home care services and future development		
15.35-16.20	<b>Report of the three groups</b> <b>Comments and Take Home Messages</b>	Prof. G. Gambassi – Italy Prof. A. Abyad-Lebanon	
<i>Physical Exercise &amp; coffee Break</i>			
16.20-16.40	<b>Teachers’ state of the art lecture:</b> Prevention of age-related dependence <i>Prof. Jean Pierre Michel - CH</i> <b>Discussion</b>		

<b>Day 3-Dec 8th</b>	<b><i>Morning Session : Toward Progress in Geriatric Care</i></b>	
<b>Chairperson</b>	<b><i>Dr. Dr Marwan Ramadan-Qatar</i></b>	
<b>Expert</b>	<b><i>Prof. S. Hammami-Tunis</i></b>	
08.00-08.20	<b>Teachers' state of the art lecture</b> Adult Day Care Center & Day Care Hospital <i>Dr. Hadeel Alothman-Kuwait</i> <b>Discussion</b>	
<b>Workshop 4 : Challenges in Setting Services</b>		
08.20-09.05	<b>Group A, B,C</b> A-Memory Clinic B-Fall Clinic C-Frailty Clinic	
09.05-09.50	<b>Report of the three groups</b> Comments and Take Home Messages	Prof. JP Michel – CH Prof. S. Hammami-TU
09.50-10.15	<b>Teachers' state of the art lecture:</b> Intermmediate care Unit and Respite Beds <i>Prof. Jean Pierre Michel - CH</i>	
<b><i>Physical Exercise &amp; coffee Break</i></b>		
<b>Workshop 5 : Quality Indicators</b>		
10.30-11.15	<b>Group A, B, C</b> <b>Indicators of quality of geriatric care (please think of one precise type of old patients in a precise hospital setting)</b> A– Medical aspects B–Nursing aspects C-Psychological /Social issues	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
11.15-12.00	<b>Report of the three groups</b> Comments and Take Home Messages	Prof. G Gambassi – Italy Prof. H. Bulbaid - SA
12.00-12.30	<b>Teachers' state of the art lecture:</b> Quality indicators in nursing home <i>Prof. Giovanni Gambassi – Italy</i> <b>Discussion</b>	
12.30-01.00	<b>Teachers' state of the art lecture:</b> Principles of care of demented patients <i>Prof. A.Abyad-Lebanon</i> <b>Discussion</b>	

*Physical Exercise & Lunch Break*

<b>Day 3</b> <b>Dec 8<sup>th</sup></b>	<b><i>Afternoon Session : Debates in Geriatric Medicine</i></b>	
<b>Chairperson</b> <b>Expert</b>	<i>Dr. Hashim Bulbaid - Saudi Arabia</i> <i>Prof. hadeel Alothman-Kuwait</i>	
<b>Workshop 6 :            Quality Indicators</b>		
14.00-14.45	<b>Group A, B, C</b> <b>Controversies in Geriatric medicines:</b> A–Screening breast and cervix cancers after 65 y.o.? B-Prostate cancer: to screen or not after 65 y.o.? X– Colon Cancers: how to screen and who screening?	   <input type="checkbox"/>  <input type="checkbox"/>
14.45-15.30	<b>Report of the three groups</b> Comments and Take Home Messages	Prof. J.P. Michel - CH Pr M. Vandewoude-Belgium
<b><i>Physical Exercise &amp; coffee Break</i></b>		
15.45-16.15	<b>Teachers' state of the art lecture:</b> Why setting up an interdisciplinary Onco-geriatric team? <i>Prof. Giovanni Gambassi – Italy</i> <b>Discussion</b>	
16.15-16.30	<b>Post test</b>	
16.30-17.00	<b>Evaluation &amp; Closing Remarks</b>	