

Curriculum vitae of Prof.dr. M.W. Ribbe, VU University Medical Center VUmc in Amsterdam, the Netherlands, 2010

Prof.dr. M.W. Ribbe (1947), studied **Medicine** at the Erasmus University Medical Center in Rotterdam and graduated as practising physician in 1973. Until 1989, he worked as a **Nursing Home Physician** and as head of the Department of Medicine and Allied Therapies (physio-, occupational and speech therapy) in Nursing Home and Rehabilitation Center "Amstelhof" in Amsterdam, the Netherlands until 1989.

In 1989 he defended successfully his **MD, PhD thesis** on "Characteristics of Nursing Home Patients and Tissue Response to the Pressure Ulcers" at the VU University Medical Center VUmc.

Later in the year 1989, he was nominated as **Full Professor of Nursing Home Medicine** at the VU University Medical Center to start and implement a Department of Nursing Home Medicine. Until now he is head of this department.

Since his nomination, he is working 4 days a week at the VUmc and 1 day a week in nursing home "Het Zonnehuis Amstelveen", this last activity to keep up clinical practise and expertise.

The Department of Nursing Home Medicine at the VUmc grew from 5 academic staff members in 1989 to 50 academic staff members in 2010, including a **Professor Chair in Ethics in Care for Frail Elderly** (Prof.dr. C.M.P.M. Hertogh), a **Professor Chair in Psychosocial Care for People with Dementia** (Prof.dr. R.M. Drees) and a **Professor Chair in Degenerative Brain Diseases**, mainly focusing on dementia (Prof.dr. J.A. Eefsting).

Prof. Ribbe wrote as (co)author over 200 scientific papers, many teaching programmes and gave a high number of presentations as invited speaker in and outside the Netherlands. Prof. Ribbe has a citation-index of over 100 x per year, measured over the last 4 years. His Hirsh Index is 21.

The VUmc Department of Nursing Home Medicine participates in the **teaching of medical students** (through all six years of medical training), has a **research** section of the department is focusing on dementia studies (epidemiology and interventions), depression and anxiety disorders, palliative care and epidemiological studies using data from the interRAI-instruments. Research acquisition of grants: Euro 2 million per year; number of peer-reviewed international scientific publications is around 25 per year. Currently, the department runs 35 research projects of which 25 dissertation (PhD) and 5 international EU projects.

The department has a three years vocational **specialist training programme for nursing home physicians**. By having a University Medical Center based specialist training programme at VUmc, the Royal Dutch Medical Association (KNMG) officially recognized Nursing Home Medicine in 1990 as an official medical specialism in the Netherlands. Today, there are 1.500 practising nursing home physicians. Every year 40 new physicians-in-training enter this training programme. The department has contractual collaboration with 120 teaching nursing homes for the specialist training programme.

The department has since 2006 a **University Nursing Home Network**, which means structured collaboration for teaching, research and improvement of patient care ("best practices") with 25 academic nursing homes in the greater Amsterdam area.

The department also has **international collaboration for research and patient care** with: 4 USA university centers, with Canada, in Europe (5 countries) and in the Middle-East. Collaboration with Thailand and Indonesia is under development.

Prof. Ribbe is member of the **International Research and Development Group interRAI** in which 30 countries and 60 researchers from all over the world participate in the development and research of the interRAI-instruments (see www.interrai.org). In interRAI he is also chair of the "Science and Publication Committee" for research and scientific publications.

Prof. Ribbe is executive board member of the **Middle-East Academy for Medicine of Aging** (see www.meama.com).

On October 1st 2009 Prof Ribbe was decorated, on behalf of her Royal Highness Queen Beatrix of Oranje-Nassau of the Netherlands, to "**Officer in the Order of Oranje-Nassau**" for his academic work on the development of the medical specialism Nursing Home Medicine, his scientific work in long term care over the last 20 years and his international collaboration.

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